



Hayden Team Tryouts

2012-2013 Season

Haydenettes and Lexettes



WEEKEND 1:

SKILLS AND DRILLS:

March 17th 12:00-1:00pm off ice, 2:00-4:00pm on ice @ New England Sports Center

March 18th 9:55 arrive, 10:25am-12:35pm on ice @ Nashoba Valley Olympia

TRYOUT:

March 18 4:45 arrive, 5:30-7:35pm on ice @ Hayden Recreation Centre

WEEKEND 2:

SKILLS AND DRILLS:

April 1st 9:00-10:30am on ice @ Nashoba Valley Olympia

TRYOUT:

April 1st 5:30 arrive, 6:00pm-7:35pm on ice @ Hayden Recreation Centre

- ❖ Skaters are highly recommended to attend all clinics and tryouts offered for the level trying out. (If flying in from out of state please contact gailmayer@aol.com).
- ❖ Tryouts will be a combined tryout for Haydenettes and Lexettes, skaters will be placed on a team based on ability and age by coaches and guest judges.
- ❖ All skaters will be asked to demonstrate the following elements: 135 spirals, Ina Bauers, spread eagles, spirals and spins. Different steps and turns like twizzles, rockers, counters, brackets and choctaws (both feet, edges and directions) will be required.
- ❖ Skaters should wear beige tights, skating dress, tight fitting layers, and hair up neatly.
- ❖ Please check our website www.haydensynchroteams.com to download and complete tryout forms, all skaters should also bring a headshot of themselves. Checks should be made out to HSST for \$150, tryout fee covers all skills and drills and tryout sessions.
- ❖ Eligibility: Skaters must be USFS Members in Good Standing and 14 years old and older as of July 1, 2012

Skill Level Passed	Qualifications
Senior Moves	Required
Silver Dance	Preferred
Intermediate Freeskate	Preferred

Any questions please contact Gail Hanson-Mayer at gailmayer@aol.com



Hayden Team Tryouts

2012-2013 Season

Ice Mates and Star Mates



SKILLS AND DRILLS:

March 17th 9:30 arrive, 10:00-11:30am on ice @ New England Sports Center (\$20)

March 24th 2:45-3:45 off ice, 4:00-5:40pm on ice @ New England Sports Center (\$20)

TRYOUT (\$50 total):

March 25th 3:45 arrive, 4:30pm-6:00pm on ice @ Hayden Recreation Centre

April 1st 10:30 arrive, 11:00am-12:35pm on ice @ Nashoba Valley Olympia

- ❖ Skaters are highly recommended to attend all clinics and tryouts offered for the level trying out. (If flying in from out of state please contact karen@matthewkristin.com).
- ❖ Tryouts will be a combined tryout for Star Mates and Ice Mates, skaters will be placed on a team based on ability and age by coaches and guest judges.
- ❖ All skaters will be asked to demonstrate the following elements: 135 spirals, Ina Bauers, spread eagles, spirals and spins. Different steps and turns like twizzles, rockers, counters, brackets and choctaws (both feet, edges and directions) will be required.
- ❖ Skaters should wear beige tights, skating dress, tight fitting layers, and hair up neatly
- ❖ Please check our website www.haydensynchroteams.com to download and complete tryout forms, all skaters should also bring a headshot of themselves. Checks should be made out to HSST for \$50

- ❖ Eligibility: Skaters must be USFS Members in Good Standing and under 18 years old as of July 1, 2012 for the Intermediate level or under 16 years old as of July 1, 2012 for the Novice level

Skill Level Passed	Qualifications
Novice Moves	Preferred for the Intermediate Level Team
Junior Moves	Preferred for the Novice Level Team
Juvenile Moves	Required
Pre Silver Dance	Preferred
Pre Juvenile Freeskate	Preferred

Any questions please contact Karen Kristin at karen@matthewkristin.com



Hayden Team Tryouts

2012-2013 Season



Shooting Stars Pre Juvenile and Mini Mates

PRE JUVENILE/JUVENILE LEVEL SKILLS AND DRILLS:

March 15th 4:15-5:15pm off ice, 5:30-6:30pm on ice @ Hayden Recreation Centre (\$15)

March 22nd 5:00 arrive, 5:30-6:30pm on ice @ Hayden Recreation Centre (\$15)

TRYOUT (\$30 total):

March 25th 9:45 arrive, 10:25pm-11:25am on ice @ Nashoba Valley Olympia

April 1st 4:30 arrive, 5:00-6:00pm on ice @ Hayden Recreation Centre

- ❖ Skaters are highly recommended to attend all clinics and tryouts offered for the level trying out.
- ❖ Tryouts will be a combined tryout for Shooting Stars Pre Juvenile and Mini Mates, skaters will be placed on a team based on ability and age by coaches and guest judges.
- ❖ All skaters will be asked to demonstrate the following elements: 135 spirals, spread eagles, spirals, shoot the ducks and spins. Different steps and turns like twizzles, brackets, choctaws, and mohawks.
- ❖ Skaters should wear beige tights, skating dress, tight fitting layers, and hair up neatly
- ❖ Please check our website www.haydensynchroteams.com to download and complete tryout forms, all skaters should also bring a headshot of themselves. Checks should be made out to HSST for \$30
- ❖ Eligibility: Skaters must be USFS Members in Good Standing and under 12 years old as of July 1, 2012 preferably for the Pre Juvenile Level or under 12 years old as of July 1, 2012 required for the Juvenile Level

Skill Level Passed	Qualifications
Pre Juvenile Moves	Preferred for the Pre Juvenile Level Team
Juvenile Moves	Preferred for the Juvenile Level Team
Preliminary Moves	Required for the Juvenile Level Team
Pre Bronze Dance	Preferred for the Juvenile Level Team
Preliminary Freeskate	Preferred for the Juvenile Level Team

Any questions please contact Jane Williamson at ejlw@me.com



Hayden Team Tryouts



2012-2013 Season

Shooting Stars Beginner and Preliminary

BEGINNER/PRELIMINARY LEVEL SKILLS AND DRILLS:

March 11th 3:15 arrive for off ice, 4:40-5:30 pm on ice @ Hayden Recreation Centre (\$10)

March 17th 8:30 arrive, 9:00-9:50 am on ice @ New England Sports Center (\$10)

TRYOUT (\$25 total):

March 18th 3:45 arrive, 4:30-5:30pm on ice @ Hayden Recreation Centre

March 25th 11:00 arrive, 11:35am-12:35pm on ice @ Nashoba Valley Olympia

- ❖ Skaters are highly recommended to attend all clinics and tryouts offered for the level trying out.
- ❖ We are looking for skaters and families who want to experience and commit to being part of a team. Our focus at the beginner/preliminary level is to have fun while learning synchronized skating, developing the skills needed to be part of a team, and performing at local competitions and exhibitions.
- ❖ All skaters will be asked to demonstrate the following elements: crossovers forwards and backwards, stroking, spirals, shoot the ducks, bunny hops, spins, mohawks, three turns, and toe steps.
- ❖ Skaters should wear beige tights, skating dress, tight fitting layers, and hair up neatly
- ❖ Please check our website www.haydensynchroteams.com to download and complete tryout forms, all skaters should also bring a headshot of themselves. Checks should be made out to HSST for \$25
- ❖ Eligibility: Skaters must be USFS Members in Good Standing and 12 years old and younger as of July 1, 2012 for the Preliminary Level and preferably between 7-9 years old for the Beginner Level.

Skill Level Passed	Qualifications
Freestyle 2 badge	Preferred for the Beginner Level Team
Preliminary Moves	Preferred for the Preliminary Level Team

Any questions please contact the Team Managers at sspreliminary@gmail.com